

Young's Gym Summer Camp 2021
Week 1: Pirates and Princesses! (June 14-18)

Monday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Tumbler Trak
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Make Pirate Hats with Eye Patches and Princess Tiaras!
10:45-11:15am	Group Game in the Gym: Ships and Sailors!
11:15am-12:00pm	Gym Free Play

Tuesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Classroom Activity: Pirate and Princess Pictionary!
10:45-11:30am	Group Game in the Gym: Candy Treasure Hunt!
11:30am-12:00pm	Gym Free Play

Wednesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Vault and Rings
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Make Pirate Swords and Royal Scepters!
10:45-11:15am	Group Game in the Gym: Sharks and Minnows!
11:15am-12:00pm	Gym Free Play

Thursday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Rope and Floor Stations
9:45-10:15am	Snack Break
10:15-10:30am	Classroom Activity: Thumb War 'Sword Fight' Championship!
10:30-11:30am	Group Activity: Build a PIRATE SHIP or CASTLE with Mats Challenge!
11:30am-12:00pm	Gym Free Play

Friday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-11:00am	Group Games in the Gym: Teacher's Choice!
11:00am-12:00pm	Gym Free Play

Young's Gym Summer Camp 2021
Week 2: Wet-n-Wild! (June 21-25)

Monday: Bring a change of clothes, sunscreen, tennis shoes (for water relays)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Tumbler Trak
9:45-10:15am	Snack Break
10:15-11:00am	Group Game Outside: Water Relays and Popsicles!
11:00am-12:00pm	Gym Free Play

Tuesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Deep Sea Watercolor Sun Catchers!
10:45-11:15am	Group Game in the Gym: Jump the Creek and The Color Game!
11:15am-12:00pm	Gym Free Play

Wednesday: Bring a change of clothes, sunscreen, tennis shoes (for water balloons)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Rope and Floor Stations
9:45-10:15am	Snack Break
10:15-11:00am	Group Games Outside: Water Balloon Toss and Popsicles!
11:00am-12:00pm	Gym Free Play

Thursday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Vault and Rings
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Design a Waterslide Contest!
10:45-11:15am	Group Game in the Gym: Sharks and Minnows!
11:15am-12:00pm	Gym Free Play

Friday: Bring a bathing suit, towel, sunscreen, water shoes (for water slide)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-11:15am	Group Activity Outside: Waterslide and Water Games!
11:15am-12:00pm	Gym Free Play

Young's Gym Summer Camp 2021 Week 3: Camping! (June 28-July 2)

Monday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Tumbler Trak
9:45-10:15am	Snack Break
10:15-10:45am	Classroom Activity: What Would You Take Camping?
10:45-11:15am	Group Game in the Gym: Cougars and Campers!
11:15am-12:00pm	Gym Free Play

Tuesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Classroom Activity: Campfire Pictionary!
10:45-11:15am	Group Game in the Gym: Jump the Creek and Rock Tag!
11:15am-12:00pm	Gym Free Play

Wednesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Rope and Floor Stations
9:45-10:15am	Snack Break
10:15-11:15am	Group Activity: Build a TENT with Mats Challenge!
11:15am-12:00pm	Gym Free Play

Thursday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Vault and Rings
9:45-10:15am	Snack Break: Make and Eat SMORES!
10:15-10:45am	Craft: Design Your Own Camper!
10:45-11:15am	Group Game in the Gym: Eagle Eye!
11:15am-12:00pm	Gym Free Play

Friday: **Pajama Day!**

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-11:00am	Group Games in the Gym: Teacher's Choice
11:00am-12:00pm	Gym Free Play

Young's Gym Summer Camp 2021 Week 4: Animal Planet! (July 12-16)

Monday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Tumbler Trak
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Choose an Animal to Draw and Write Facts About
10:45-11:30am	Group Game in the Gym: Sharks and Minnows!
11:30am-12:00pm	Gym Free Play

Tuesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Classroom Activity: Animal Charades!
10:45-11:15am	Group Game in the Gym: Chicken in the Hen House!
11:15am-12:00pm	Gym Free Play

Wednesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Rope and Floor Stations
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Make Animal Masks!
10:45-11:15am	Group Game in the Gym: Animal Relay Races!
11:15am-12:00pm	Gym Free Play

Thursday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Vault and Rings
9:45-10:15am	Snack Break
10:15-10:45am	Classroom Activity: Animal Pictionary!
10:45-11:15am	Group Game in the Gym: Eagle Eye!
11:15am-12:00pm	Gym Free Play

Friday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-11:00am	Group Games in the Gym: Teacher's Choice!
11:00am-12:00pm	Gym Free Play

Young's Gym Summer Camp 2021
Week 5: More Wet-n-Wild! (July 19-23)

Monday: Bring a change of clothes, sunscreen, tennis shoes (for water relays)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Tumbler Trak
9:45-10:15am	Snack Break
10:15-11:00am	Group Game Outside: Water Relays and Popsicles!
11:00am-12:00pm	Gym Free Play

Tuesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Watercolor Rainbow Suncatcher!
10:45-11:15am	Group Game in the Gym: Jump the Creek and Stick It!
11:15am-12:00pm	Gym Free Play

Wednesday: Bring a change of clothes, sunscreen, tennis shoes (for water balloons)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Rope and Floor Stations
9:45-10:15am	Snack Break
10:15-11:00am	Group Games Outside: Water Balloon Toss and Popsicles!
11:00am-12:00pm	Gym Free Play

Thursday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Vault and Rings
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Design a Cruise Boat Contest!
10:45-11:15am	Group Game in the Gym: Ships and Sailors!
11:15am-12:00pm	Gym Free Play

Friday: Bring a bathing suit, towel, sunscreen, water shoes (for water slide)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam
9:45-10:15am	Snack Break
10:15-11:15am	Group Activity Outside: Waterslide and Water Games!
11:15am-12:00pm	Gym Free Play

Young's Gym Summer Camp 2021
Week 6: Young's Gym Olympics! (July 26-30)

Monday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Tumbl Trak (Learn 'Olympic' Routines)
9:45-10:15am	Snack Break
10:15-11:00am	Classroom Activity: Divide into Teams (Countries), Create Country Name and Flag
11:00-11:15am	Group Game in the Gym: Stick It!
11:15am-12:00pm	Practice Routines for Olympics and Gym Free Play

Tuesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam (Learn 'Olympic' Routines)
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Make Olympic Rings!
10:45-11:15am	Group Game in the Gym: Javelin Throw with Pool Noodles and Basketball!
11:15am-12:00pm	Practice Routines for Olympics and Gym Free Play

Wednesday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Rope and Floor Stations (Learn 'Olympic' Routines)
9:45-10:15am	Snack Break
10:15-11:15am	Group Games in the Gym: Relay Races, Long Jump, Hurdles!
11:15am-12:00pm	Practice Routines for Olympics and Gym Free Play

Thursday:

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Vault and Rings (Learn 'Olympic' Routines)
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Make Olympic Torches!
10:45-11:15am	Group Game in the Gym: Volleyball and Soccer!
11:15am-12:00pm	Practice Routines for Olympics and Gym Free Play

Friday: Young's Gym Olympics! (Parent's Invited to Watch!)

8:30-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Bars and Beam (Practice 'Olympic' Routines)
9:45-10:15am	Snack Break
10:15-11:00am	Practice Routines and Opening Ceremony for Olympics
11:00am-12:00pm	Young's Gym Olympics: Opening Ceremony, Competition