

**Young's Gym Summer Camp 2022**  
**Week 3: Young's Gym Olympics! (June 27-July 1)**

**Monday:**

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Practice Routines for Olympics and Gym Free Play!
10:15-10:45am	Snack Break
10:45-11:15am	Classroom Activity: <b>Divide into Teams (Countries), Create Country Name and Flag</b>
11:15am-12:00pm	Group Games in the Gym: <b>Stick It</b> and <b>Soccer!</b>

**Tuesday:**

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Practice Routines for Olympics and Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: <b>Make Olympic Rings!</b>
11:00am-12:00pm	Group Games in the Gym: <b>Javelin Throw with Pool Noodles</b> and <b>Basketball!</b>

**Wednesday:**

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Group Games in the Gym: <b>Relay Races, Long Jump, Hurdles and Volleyball!</b>
10:00-10:30am	Snack Break
10:30-11:00am	Craft: <b>Make Olympic Torches!</b>
11:00am-12:00pm	Practice Routines for Olympics and Gym Free Play!

**Thursday: Young's Gym Olympics! (Parent's Invited to Watch!)**

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Practice Routines for Olympics and Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:30am	Practice Opening Ceremony for Olympics!
11:30am-12:00pm	<b>Young's Gym Olympics: Opening Ceremony, Competition</b>

**Friday:**

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10am	Snack Break
10:00-11:45am	<b>INFLATABLES</b> and Gym Free Play!
11:45am-12:00pm	<b>Camp Awards Ceremony!</b>