

Young's Gym Summer Camp 2022 Week 1: Camping! (June 13-17)

Monday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Gym Free Play!
10:45-11:15am	Classroom Activity: What Would You Take Camping?
11:15am-12:00pm	Group Game in the Gym: Cougars and Campers! and Gym Free Play!

Tuesday: **Snack included (S'MORES!)**

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Gym Free Play!
10:00-10:45am	Snack Break: Make and Eat S'MORES!
10:45-11:15am	Craft: Design Your Own Camper!
11:15am-12:00pm	Group Games in the Gym: Eagle Eye and The Color Game! and Gym Free Play!

Wednesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Snack Break
10:00-11:00am	Group Activity: Build a TENT with Mats Challenge!
11:00am-12:00pm	Gym Free Play

Thursday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Classroom Activity: Campfire Pictionary!
11:00am-12:00pm	Group Games in the Gym: Rock Tag and Stick It! and Gym Free Play!

Friday: **Pajama Day!**

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10:00am	Snack Break
10:00-11:45am	INFLATABLES and Gym Free Play!
11:45am-12:00pm	Camp Awards Ceremony!

Young's Gym Summer Camp 2022
Week 2: Wet-n-Wild! (June 20-24)

Monday: Bring a change of clothes, sunscreen, tennis shoes (for water relays)

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Snack Break
10:15-11:15am	Group Game Outside: Water Relays and Popsicles!
11:15am-12:00pm	Gym Free Play

Tuesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Deep Sea Watercolor Sun Catchers!
11:00am-12:00pm	Group Games in the Gym: Ships and Sailors and The Color Game! and Gym Free Play!

Wednesday: Bring a change of clothes, sunscreen, tennis shoes (for water balloons)

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Snack Break
10:00-10:30am	Group Game in the Gym: Teacher's Choice!
10:30-11:30am	Group Games Outside: Water Balloon Toss and Popsicles!
11:30am-12:00pm	Gym Free Play

Thursday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Design a Waterslide Contest!
11:00am-12:00pm	Group Games in the Gym: Sharks and Minnows and Stick It! and Gym Free Play!

Friday: Bring a bathing suit, towel, sunscreen for water slide)

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10:00am	Snack Break
10:00-11:30am	Group Activity Outside: Waterslide and Water Games!
11:30am-12:00pm	Gym Free Play and Camp Awards Ceremony!

Young's Gym Summer Camp 2022
Week 3: Young's Gym Olympics! (June 27-July 1)

Monday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Practice Routines for Olympics and Gym Free Play!
10:15-10:45am	Snack Break
10:45-11:15am	Classroom Activity: Divide into Teams (Countries), Create Country Name and Flag
11:15am-12:00pm	Group Games in the Gym: Stick It and Soccer!

Tuesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Practice Routines for Olympics and Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Make Olympic Rings!
11:00am-12:00pm	Group Games in the Gym: Javelin Throw with Pool Noodles and Basketball!

Wednesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Group Games in the Gym: Relay Races, Long Jump, Hurdles and Volleyball!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Make Olympic Torches!
11:00am-12:00pm	Practice Routines for Olympics and Gym Free Play!

Thursday: Young's Gym Olympics! (Parent's Invited to Watch!)

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Practice Routines for Olympics and Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:30am	Practice Opening Ceremony for Olympics!
11:30am-12:00pm	Young's Gym Olympics: Opening Ceremony, Competition

Friday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10am	Snack Break
10:00-11:45am	INFLATABLES and Gym Free Play!
11:45am-12:00pm	Camp Awards Ceremony!

Young's Gym Summer Camp 2022
Week 4: Pirates and Princesses! (July 11-15)

Monday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Snack Break
10:15-10:45am	Craft: Make Pirate Hats with Eye Patches and Princess Tiaras!
10:45-11:15am	Group Games in the Gym: Ships and Sailors and The Color Game!
11:15am-12:00pm	Gym Free Play

Tuesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Snack Break
10:00-11:00am	Group Activity: Build a PIRATE SHIP or CASTLE with Mats Challenge!
11:00am-12:00pm	Gym Free Play

Wednesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Make Pirate Swords and Royal Scepters!
11:00am-12:00pm	Group Games in the Gym: Parrot Eye and Stick It! and Gym Free Play!

Thursday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Snack Break
10:00-10:30am	Classroom Activity: Pirate and Princess Pictionary!
10:30-11:30am	Group Game in the Gym: Candy Treasure Hunt!
11:30am-12:00pm	Gym Free Play

Friday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10:00am	Snack Break
10:00-11:45am	INFLATABLES and Gym Free Play!
11:45am-12:00pm	Camp Awards Ceremony!

Young's Gym Summer Camp 2022
Week 5: More Wet-n-Wild! (July 18-22)

Monday: Bring a change of clothes, sunscreen, tennis shoes (for water relays)

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Snack Break
10:15-11:15am	Group Game Outside: Water Relays and Popsicles!
11:15am-12:00pm	Gym Free Play

Tuesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Watercolor Rainbow Sun Catchers!
11:00am-12:00pm	Group Games in the Gym: Ships and Sailors and The Color Game! and Gym Free Play!

Wednesday: Bring a change of clothes, sunscreen, tennis shoes (for water balloons)

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Snack Break
10:00-10:30am	Group Game in the Gym: Teacher's Choice!
10:30-11:30am	Group Games Outside: Water Balloon Toss and Popsicles!
11:30am-12:00pm	Gym Free Play

Thursday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Design a Cruise Boat Contest!
11:00am-12:00pm	Group Games in the Gym: Sharks and Minnows and Stick It! and Gym Free Play!

Friday: Bring a bathing suit, towel, sunscreen (for water slide)

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10:00am	Snack Break
10:00-11:30am	Group Activity Outside: Waterslide and Water Games!
11:30am-12:00pm	Gym Free Play and Camp Awards Ceremony!

Young's Gym Summer Camp 2022
Week 6: Space Jam! (July 25-29)

Monday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Gym Free Play!
10:15-10:45am	Snack Break
10:45-11:15am	Craft: Watercolor Planets!
11:15am-12:00pm	Group Games in the Gym: Musical Planets and The Color Game! and Gym Free Play!

Tuesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Classroom Activity: Learn the Names and Order of the Planets!
11:00am-12:00pm	Group Game in the Gym: Zero Gravity Balloon Races! and Gym Free Play!

Wednesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Design a Flying Saucer or Space Shuttle Contest!
11:00am-12:00pm	Group Games in the Gym: Star Catchers and Stick It! and Gym Free Play!

Thursday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Classroom Activity: Space Trivia!
11:00am-12:00pm	Group Game in the Gym: Saturn Ring Toss! and Gym Free Play!

Friday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10:00am	Snack Break
10:00-11:45am	Moon Walk Simulators (INFLATABLES) and Gym Free Play!
11:45am-12:00pm	Camp Awards Ceremony!

Young's Gym Summer Camp 2022
Week 7: Animal Planet! (August 1-5)

Monday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:45am	Gymnastics Lesson: Floor Base and Beam
9:45-10:15am	Gym Free Play!
10:15-10:45am	Snack Break
10:45-11:15am	Craft: Choose and Animal to Draw and Write Facts About
11:15am-12:00pm	Group Games in the Gym: Sharks and Minnows and The Color Game!

Tuesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Rings
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Classroom Activity: Animal Charades!
11:00am-12:00pm	Group Game in the Gym: Chicken in the Hen House! and Gym Free Play!

Wednesday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Bars and Floor Stations
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Craft: Make Animal Puppets!
11:00am-12:00pm	Group Game in the Gym: Animal Relay Races! and Gym Free Play!

Thursday:

8:00-8:45am	Drop-off/Gym Free Play
8:45-9:30am	Gymnastics Lesson: Vault and Beam
9:30-10:00am	Gym Free Play!
10:00-10:30am	Snack Break
10:30-11:00am	Classroom Activity: Animal Pictionary!
11:00am-12:00pm	Group Games in the Gym: Eagle Eye and Stick It! and Gym Free Play!

Friday:

8:00-9:00am	Drop-off/Gym Free Play
9:00-9:30am	Group Games: Teacher's Choice
9:30-10:00am	Snack Break
10:00-11:45am	INFLATABLES and Gym Free Play!
11:45am-12:00pm	Camp Awards Ceremony!

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