

Young's Gym...Kids In Motion!

2026-2027 Recreational Class Schedule

Call 919-554-0606 or visit www.YoungsGym.com

All classes have size limits to maintain our small student/teacher ratio. Classes will be filled on a first paid basis.

CLASS	MONDAY Year Round (Sept-Aug)	TUESDAY Year Round (Sept-Aug)	WEDNESDAY Year Round (Sept-Aug)	THURSDAY Year Round (Sept-Aug)	FRIDAY School Year Only (Sept-May)	SATURDAY School Year Only (Sept-May)
Busy Bodies (Girls & Boys) 45 minutes Ages Walking to 3 1/2			9:30-10:15am 5:40-6:25			9:00-9:45am
Tiny Tots (Girls & Boys) 45 minutes Ages 3 & 4	3:30-4:15 4:30-5:15 6:35-7:20	3:30-4:15 4:30-5:15 5:30-6:25	10:30-11:15am 3:30-4:15 4:30-5:15	3:30-4:25 5:30-6:15		
Super Tots (Girls & Boys) 55 minutes Ages 5 & 6	4:30-5:25 5:35-6:30 6:35-7:30	3:30-4:25 4:30-5:25 5:30-6:25	4:30-5:25 5:35-6:30	3:30-4:25 4:30-5:25	4:30-5:25	
Girls 1 55 minutes Ages 6-12	4:00-4:55 5:00-5:55 7:30-8:25 (Girls 1/2 combo)	3:30-4:25 4:30-5:25	3:30-4:25 4:30-5:25 7:30-8:25	3:30-4:25 4:30-5:25 5:30-6:25	5:30-6:25 (Girls 1/2 combo)	10:10-55am (Girls 1/2 combo)
Girls 2* 55 minutes Ages 6-12	4:00-4:55 (Girls 2/3 combo) 7:30-8:25 (Girls 1/2 combo)	4:30-5:25	5:00-5:55 6:30-7:25 7:30-8:25	4:00-4:55	5:30-6:25 (Girls 1/2 combo)	10:10-55am (Girls 1/2 combo)
Girls 3* 55 minutes Ages 7-12	4:00-4:55 (Girls 2/3 combo) 6:00-6:55			4:30-5:25		
Jr. Advanced Girls* 1 hour and 10 minutes Ages 5-7	4:15-5:25		6:30-7:40	3:30-4:40		
Advanced Girls* 1 hour and 25 minutes Ages 7-14	7:15-8:40			5:00-6:25		
Intro to Cheer 55 minutes Girls Ages 6-9		4:00-4:55		4:30-5:25		
Boys Tumbling & Conditioning 55 minutes Boys Ages 6-12	4:30-5:25		4:00-4:55			
Tumble 1 (Girls & Boys) 55 minutes Ages 6-12	3:30-4:25 5:00-5:55		4:00-4:55 7:30-8:25	3:30-4:25 (Tumble 1/2 combo)		9:00-9:55am (Tumble 1/2 combo)
Tumble 2* (Girls & Boys) 55 minutes Ages 6-14	5:35-6:30 7:00-7:55 (Tumble 2/3 combo)	4:00-4:55	6:00-6:55	3:30-4:25 (Tumble 1/2 combo)		9:00-9:55am (Tumble 1/2 combo)
Tumble 3* (Girls & Boys) 55 minutes Ages 7-18	6:00-6:55 7:00-7:55 (Tumble 2/3 combo)	4:00-4:55	4:30-5:25 (Tumble 3/4 combo) 7:00-7:55			10:00-10:55am (Tumble 3/4 combo)
Tumble 4* (Girls & Boys) 55 minutes Ages 7-18	7:45-8:40		4:30-5:25 (Tumble 3/4 combo) 7:45-8:40			10:00-10:55am (Tumble 3/4 combo)



* Evaluation Required

Register online at www.youngsgym.com!

Edited: 7/1/2026